

# FFAM

Fire Fighters Association of Missouri

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**NEXT FFAM BOARD MEETING**  
DECEMBER 4 • 9:00 A.M. • SEDALIA, MO

USPS 183-320



# PRESIDENT'S REMARKS

## Greetings Fellow Firefighter

**Kenneth Hoover  
President**



What a beautiful fall season so far. It could stay like this until Christmas. Cool, crisp air in the mornings and the brilliant colors of the fall foliage remind us of the changing of the life cycles of Mother Nature.

This is a very busy time of the year for many of us, Fire Prevention Week is just ending, deer season is just beginning, Halloween in just a few days, Thanksgiving quickly arriving, and then the Christmas holidays wrapping up the year. If that does not fill up your calendar, I don't know what would.

Also, Chief Larry Jennings from the Johnson County Fire Protection District is heading up the 2017 convention committee that the FFAM State Fair Fire and Rescue Department is hosting. Please become involved in this great work. The convention is only great if all of us work

to make it great. I am looking forward to an excellent convention to be held on the Missouri State Fair Grounds in 2017.

FFAM annual dues will be sent out soon if not already. All membership renewals are due January 1. Secretary/Treasurer Jaime Miller has included in the notices a list of membership benefits. FFAM offers the largest amount of benefits, more than any other state fire organization, all for \$7.50 a year and \$2.50 of that amount goes to the Fire Fighters Memorial in Kingdom City. FFAM Board of Directors continue to look for additional benefits for its members. If anyone has any suggestions, please contact your district director.

The FFAM directors are currently working on the 2017 budget and I want to remind all directors and committees that your request for funding is currently due to 1st Vice-President, Chief Tim Bean, of

the West Plains Fire Department. We will be voting on the 2017 proposed budget at the December 4, 2016 board meeting in Sedalia at 9:00 a.m. at the fire station

Other items that are due for submission soon are the nominations for awards and scholarships. You can find the applications on the FFAM website or in upcoming newsletters. Please take the time to nominate deserving individuals for these important awards. These are just a few of the excellent benefits I was talking about earlier.

I would like to remind all committee chairpersons, to please meet and discuss your assignments and then forward to me the results of your meetings. I encourage all FFAM members, if you have input, please contact the appropriate committees or director with your thoughts, and opinions. This will insure statewide participation and fairness to all our members. If you experience any difficulties, please contact me. FFAM's success depends on the efficiency of the committees.

Being this edition of the newsletter will be the holiday edition, I wish everyone a very Happy Thanksgiving and a Merry Christmas. All of us have so many things to be thankful for. May joy and happiness follow you all the days of your life!

If there is anything you need from FFAM, please do not hesitate to contact one of the officers or directors. We are here to serve.

God Speed,

**Kenneth Hoover, President  
Fire Fighters Association of Missouri**

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**FIRE FIGHTERS  
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# FIRE MARSHAL'S UPDATE

Greg Carrell  
Acting State Fire Marshal

## Missouri Division of Fire Safety



“It’s all about maintaining focus.”  
Words recently spoken in a conversation I was having with a friend. Maintaining focus is often difficult. Life has many distractions.

Just last week, there was an extremely important issue concerning home sprinkler systems and a vote to keep them in the residential code. As I support the use of residential sprinklers for many reasons including not only their life safety benefits to the occupants of a home, but also as they relate to the safety of our firefighters, I was trying to maintain focus on the effort to keep residential sprinklers where they belong in the code.

But, with conducting interviews for positions within the Division, making a trip to the Kansas City area to address a recruit class and some fire chiefs, dealing with elevator rules, working on an Assistance to Firefighters Grant, a meeting at the lake and trying to prepare for a brief visit with our children over the weekend; I lost focus on the sprinkler issue. Fortunately for us, Missouri’s fire service and sprinkler advocates were there to step in and successfully champion the cause.

At a meeting with Missouri Fire Chaplains Corps that same weekend, I was again reminded of focus. Chaplains are often an under-utilized resource. We see chaplains performing duties at fire department dinners or memorial services. But, how often do we see them on the fire scene or as part of the response to a motor vehicle collision or medical call?

As we have begun to shift our focus to the recognition of stress related illnesses brought about by our constant exposure to what are often the worst days in the lives of the people we protect, perhaps it’s time

to consider the presence of fire chaplains within our ranks. Fire chaplains, many of whom have the same experiences as we do in public safety, are trained to help us recognize the early signs of being worn down by the duties of the profession or even by our lives outside the firehouse

It is so easy to find ourselves wrapped up in the despair of others. Properly trained fire chaplains may be able to help us return focus back to the importance of taking care of ourselves. Contrary to the belief held by most responders, it is not selfish to focus on ourselves.

I’ve said many times firefighter need to be there for their own families and communities. It is only through maintaining focus on what’s important in life we can be there for them, both mentally and physically. Having a group of people ready and willing to step in to help us when we lose focus is never a bad thing.

Stay safe!

Greg Carrell  
Acting State Fire Marshal

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# HERCULANEUM FIRE DEPARTMENT COMMEMORATES 9/11

In commemoration of the fifteenth anniversary of September 11, 2001, the Herculaneum Fire Department held a memorial observance on Sunday, September 11, 2016. The public memorial was held at the Herculaneum High School Theater with an attendance of approximately 250. A collection of 9/11 memorabilia was on display in the lobby of theater before and after the memorial program.

Following the opening remarks by Herculaneum Fire Chief Bill Haggard, the Special Needs Boy Scout Troop 724 of Kirkwood, Missouri, posted the United States flag and the POW flag. The *Pledge of Allegiance* was recited by the audience and Shannon Coaley sang *The Star Spangled Banner*. Members of the Herculaneum Fire Department presented a 9/11 memorial wreath accompanied by bagpiper Ian Ebrecht.

Pastor Terry Crank of the Heart of the Apostles Fellowship in Herculaneum delivered an opening prayer. Captain Phil Wilson read a 9/11 memorial proclamation from the fire department and Firefighter Kevin Perry read the poem, *Towers of Life*.

The 9/11 memorial address titled, *Remember the Fallen* was delivered by PIER Officer Ron Harder of the Rock Community Fire Protection District in Arnold, Missouri. A 9/11 remembrance video, produced by Captain Kevin Baker, was shown to those in attendance. Both the memorial address and the remembrance video focused on the 343 New York City firefighter who perished during the attacks on the World Trade Center. A small United States flag with the name of a FDNY firefighter was given to everyone in attendance. The attendees were encouraged to put the name on their flag with a face, as photos of all 343 firefighters were included in the video.

Firefighter Kevin Perry then read the poem, *We Shall Never Forget*. After the



**Pastor Terry Crank delivers the opening prayer.**

poem was read, a moment of silence was held followed by the symbolic bell ringing in a 3—4—3 manner. Following the indoor presentation, attendees assembled outside the theater for a candlelight memorial that included the playing of *Amazing Grace* on the bagpipes, a closing prayer and the singing of *God Bless America*.

Light refreshments were served following the observance. The Herculaneum Fire Department thanks the Senn-Thomas Middle School Community Service Club for helping distribute the flags, candles and programs. Members of the Herculaneum Historical Society and Herculaneum Today and Tomorrow served the refreshments.



**Audience participates in the Pledge of Allegiance.**



**Candlelight memorial observance.**



# Congratulations!

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# PUBLIC SAFETY HEROES TRIBUTE IN OSAGE BEACH

By George Wright

A few tears were shed, a few smiles were shared, and many hugs were exchanged, at the *Missouri Public Safety Weekend Heroes Tribute Gala* held Saturday night, October 22. Nearly 100 public safety individuals, family members and survivors, all gathered at the Lodge of Four Seasons in Osage Beach to honor Missouri public safety individuals who gave their lives in the line of duty.

A prayer started off the evening and the posting of colors was done by the Missouri EMS Funeral Response Team Color Guard. The national anthem was performed by professional trumpet player Stephen Wright of Chicago, IL. A roll call of heroes, honoring 14 public safety individuals, that gave their lives in the line of duty in 2015 and 2016 were read. As each name was read, a candle was lit in their honor by members of the fire, law and EMS funeral response teams. At the end of the roll call, three additional candles were lit; one for EMS, one for fire, and one for law enforcement, to honor all public safety individuals in Missouri that have given the ultimate sacrifice.

The key note address was given by Mrs. Rose Mary McCormick, from Staten Island, New York. Mrs McCormick's son Timothy gave his life in the line of duty in Indianapolis, IN, in 2013. She shared her emotions, her grief and how she coped with the loss of her son. Her very moving talk was followed by a standing ovation honoring her and her son.

Executive Director Eric Johnson from Supporting Heroes' shared information about Supporting Heroes and the expansion of their organization to Missouri in March of this year, and introduced the Missouri director for Supporting Heroes, Mr. Brian Zinanni.

One of the most moving parts of the evening was the closing ceremony. Ms. Lannett Stewart, a surviving daughter of firefighter Ronald Stephen, whose last call was September 25, 2010 in Lynn,



Indiana, and the survivor outreach coordinator for Supporting Heroes led a very moving ceremony. The commanders for the Missouri EMS Funeral Team lit their candles from the three candles which had been previously lit to honor all public safety individuals, they then passed the flame throughout the crowd while photos were displayed of the honorees.

A breakfast on Sunday morning with the survivors sharing stories closed out the *Missouri Public Safety Weekend*.

Many favorable responses from those who attended have been made. Several have indicated their interest in assisting should a similar tribute be held at some point in the future.

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# HIGHLANDVILLE FIRE BOASTS NEW EQUIPMENT

By Hanna Smith, Christian County Headliner

Time efficient, frugal and life-saving — those are a few of the reasons why Highlandville Rural Volunteer Fire Department recently updated its breathing apparatus and purchased a new brush truck. Both are developments Deputy Chief Adam Gilbert said were overdue and will benefit the department exponentially.

## DRAGER PACKS

The department formerly used Scott packs since its inception 20 years ago, Gilbert said. The cylinders were at the end of life, and Stephens said the department debated refurbishing the old packs or purchasing new ones.

Purchasing new cylinders costs \$15,000-\$20,000, Chief Kevin Stephens said. The department would have to replace another set in two years and another in four. So, he said, the department decided purchasing new packs with updated, working equipment was more economical.

The new Drager packs are lighter, more comfortable, adjustable and sit on a firefighter's hips instead of hanging from his or her shoulders.

"It helps with back pain, work time and maybe exhaustion," Gilbert said. "All the weight is on your hips, and that's where it alleviates back pain."

The packs also reduce time when a firefighter is putting on gear. The Scott packs took about 10 seconds to put on, and the Drager packs take about seven.

One of the most valuable features however, Stephens said, is that there is more oxygen in the tanks. The Scott packs were 2,200 psi, which gave a firefighter 30 minutes of air. The Drager packs provide 45 minutes, and Stephens said that 15 minutes can make a big difference and meets National Fire Protection Association requirements.

Another important feature is that the packs are equipped with LED lights so if



a firefighter goes down, lights and alarms go off so the individual can be quickly located. A Bluetooth mask also provides added safety and greater visibility.

"There is a better field of vision with the mask," Gilbert said. "And it also is wire for Bluetooth ... So we have an idea of what we have before we do anything."

Thirty packs and 60 oxygen bottles were purchased through a bank loan. Stephens said the department has attempted for 10 years to get a FEMA Assistance to Firefighters grant for new air tanks, however, was denied each time.

"We tried 10 years to get a FEMA grant to purchase new packs and we are finally biting the bullet," he said.

The department is still pursuing the grant, but for different projects, Gilbert said.

"There are going to be some larger needs beyond the district's means," he said. "We can get that taken care of through the grant."

The packs have already been used during recent car fires, and Gilbert said the department is pleased with the purchase.

## BRUSH TRUCK

The new brush truck is Stephens' pride and joy, and he put a lot of time making it



the best it can be. He designed the vehicle himself and put it together with a couple other people.

The old brush truck was a standard and had 100,000 miles. Stephens said it was time to update vehicles, and the new truck was designed with medical calls in mind.

Often, a fire engine will respond to medical calls, but Stephens said having the brush truck will make those calls easier.

"Instead of driving a \$150,000 truck down the highway, now we can run a \$35,000-\$40,000 truck down the road," he said.

The truck was purchased through Missouri Department of Transportation's buying agreement which allows government entities to purchase vehicles at a lower cost. The truck's sticker price was about \$40,000, and the department purchased the one-ton, single-wheel Chevrolet for \$31,006.



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A big selling point on the Chevrolet, Stephens said, is the sharper turn radius.

“If you get out on a brush fire, sometimes you’re in pretty tight quarters,” he said. “So, the faster the truck can turn, the better off we are.”

Stephens outfitted the back with one seat and a box fitting Drager packs and medical gear. He ordered an aluminum flatbed to help with weight, installed two boxes down each side and set a 200-gallon tank on the top. A Sparta Fire

Department volunteer wired the vehicle.

“Other than that, we did all the work ourselves,” Stephens said.

The brush truck is based in the Stone County station and also houses the department’s Jaws of Life.

“Now it can run brush fires, motor vehicle accidents, medical calls and could even run a small car fire,” Stephens said. “They can operate several different calls out of this.”

Gilbert said the department hopes to purchase another brush truck in the next year, adding that the board supports the economical and operational benefits



# NATIONAL VOLUNTEER FIRE COUNCIL FALL MEETING

By Keith Smith

The *National Volunteer Fire Council* (NVFC) *Fall Meeting* was hosted by the South Carolina State Firefighters Association in North Charleston, SC, on September 21-23 with 43 of 49 States represented, there are no volunteer fire departments in Hawaii. Several states included their director and assistant director, having 81 of 98 representatives in attendance. This Fall meeting was attended by Missouri Director Keith Smith and Assistant NVFC Director Greg Wright, who is also the district 2 director for the FFAM.

## DAY 1

Opening and welcome by various South Carolina fire agencies, local and regional dignitaries and special guests. Reports from the NVFC executive staff and executive committee officers. Our President Kevin Quinn (RI) was not able to attend due to by-pass surgery the week before. Vice President Steve Hirsch (KS) facilitated the Fall meeting.

## STRATEGIC PLANNING

All organizations are recommended to have a 1-3-5 year road map but of late, experts caution about going to 5 years. With the fire service, economy and technology constantly changing and expected to continue as such, the emphasis is on the 12 months in front of your organization with a firm grasp on the 24 months which follow, 3 years total. Good advice for sure but being able to measure the goals in the plan while forecasting change are the current rules of engagement. The following information may be able to assist organizations through growth, attempting to improve their service positions or just tweaking a few things of interest. These are a few highlights from the *NVFC Strategic Plan*.

The NVFC Executive Committee started this process in the *2016 Spring Meeting*. Through an extended working session in the Fall meeting the NVFC adopted the *2016-2020 Strategic Plan*. Much of it remains to be done, but process

and structuring of goals makes it much easier if you have a plan that outline specifics. NVFC committees are now tasked with aligning their work with the strategic plan. The three focus areas are vision, values and mission. The cornerstones for success are to serve, advocate and educate. While this is a volunteer emphasis the model could apply to most fire service organizations with a simple renaming of a few references. Some of this structure the FFAM is already doing and some elements hold an opportunity:

Serve volunteer first responders through program and resource development to support volunteer and EMS/rescue services.

Advocate for the volunteer fire and EMS/rescue services through standards, codes, regulatory, and legislative channels.

Educate by developing, providing and promoting training to members, stakeholders, and fire and EMS/rescue services.

The strategic business modeling identified four key areas of specific work to be done. These four areas occupy numerous pages that go into objectives, business model goals, sub-parts, timelines, responsibility, critical task/action plans, implementation and performance auditing. There are not enough pages in this newsletter, but contact me if you are interested or even curious to know more. In short these four areas are to:

1. Ensure long-term viability
2. Provide board development opportunities for succession planning and leadership training.
3. Effectively advocate in legislation, regulation, standards/codes, and collaboration.
4. Provide education and training.

## SHARE THE LOAD TRAINING

Firefighters and EMS providers face an elevated risk of many behavioral health concerns such as anxiety, depression,

burnout, post-traumatic stress disorder, addiction, thoughts of suicide and attempted suicide. Most of this, especially the numbers involved in attempted and successful suicide are under reported, mostly unreported. First responders believing there is no help and no hope suffer alone unaware there is help and hope. Our speaker was Fire Service Treatment Consultant Mike Healy from the American Addiction Centers and Firefighter Scott Geiselhart whom made an attempt on his own life. Scott is now telling his story so that anyone willing to listen knows there is hope and help. This was a brutally honest look at the often dark side of the job, trigger situations, the signs and symptoms, subtle tells that precede suicide, available resources, new more successful treatment options, discussions on the healing process, and coping with a firefighter suicide. There is an average of nearly one firefighter suicide per day and those are just the ones that are realized with reports linking them to job stress. No surprise the unknowns are largely in the volunteer ranks which do not link up. We vigorously track and respond to LODD numbers but this carnage is 3 times greater and just now being discovered. This has been with us for a very long time but only recently realized how significant it has become

For those in fire service and EMS, NVFC has a *Share the Load Program*, at [www.nvfc.org/help](http://www.nvfc.org/help). There is also the *Help is Here* phone number: 888-731-FIRE (3473). This is NOT an answering service, it goes to one of a few real people that carry a phone forwarded from this number, 24-7-365, and work with folks in trouble. Scott Geiselhart talked about loading the gun, then reconsidered, called some local agencies, which either did not answer or offered an appointment in 2-3 days. Scott then pulled the trigger but the gun did not fire. He was going to try again but during a few seconds of clarity remembered *Share the Load*, he made the call, but made up his mind if no one answered he was going to finish what he

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started. Mike answered the phone and talked him down. Scott indicated the ten words that Mike said that changed everything for him, they were, “I know what is happening and I got your back,” and he did. Mike immediately secured local assistance (firefighters and Scott was in a treatment center the following day. It was out of state as there are only a few which have perfected a new technology in using targeted light to control this behavior. By the way, that gun fired every time it was tested after the incident. That particular bullet did not fire. There is a free NVFC magazine, *Helpletter*, which talks directly about the numerous mental health issues of first responders. It also has a center fold poster which can be removed for posting in the station on how to get help. We are fragile to the mental exposure of what we endure while seemingly blind to the consequences and in denial to the warning signs.

The balance of the first day was spent in committee breakout sessions.

### DAY 2

The entire day was committee, task force and section breakouts. NVFC like FFAM is largely run by breaking up the work through various committees and groups. There are 19 primary committees/sections/task force groups. These groups meet two at a time for 1-2 hours on a carefully crafted schedule so key people, committee members, do not have to be in two places at once. Chairman Quinn expects NVFC directors to work on two or more committees or groups. Every meeting is open to participation, questions, comments, and concerns by any director but only designated members vote on work product. Greg serves on Membership/Awards, and on Health and Safety. I serve on Recruitment and Retention, and on Health and Safety. All directors are members of the EMS/Rescue Section but Greg has taken the active roll in this one on behalf of Missouri. The Cancer Task Force and the Diversity and Inclusion Task Force are two new groups for 2016. The Cancer Task Force is a section of Health and Safety while

Diversity and Inclusion is a section of Recruitment and Retention.

For the purpose of space and mental retention, I will defer some of the more important committee reports until the next newsletter.

### DAY 3

The morning was a wrap-up for committee work followed by a general session with committee reports. All the committee work that requires voting by state directors is done at this time. Each state gets one vote except the president only votes in a tie. The afternoon included a training session from Underwriter Labs (UL) on their research with the fire service to improve firefighting safety and effectiveness. This was presented by Steve Kerber the director of the UL Firefighter Safety Research Institute. If you care to follow them on Facebook, they post daily on their work, projects and findings

— continued on page 13

# PROPANE EMERGENCY TRAINING IN SEDALIA

By Larry Eggen, State Fair Fire Department

The Fire Fighters Association of Missouri and the Missouri State Fair Fire Department (MSFFD) hosted a no cost, two-day training in cooperation with the City of Sedalia Fire Department, Pettis County Fire Department, National Propane Education and Research Council, Missouri Propane Education and Research Council, University of Missouri Fire and Rescue Training Institute, and the State of Missouri Fire Marshall's office for firefighters at the Missouri State Fairgrounds firehouse. EMS equipment and an ambulance were furnished by the Higginsville Fire Protection District, Higginsville EMS and Wellington Fire Protection District for rehab and on scene medical care.

The trainers instructed twelve hours of classroom training on how to handle propane emergencies to assist the firefighters on scene and eight hours of hands on firefighting skills dealing with propane fires and vehicles. The bobtail delivery vehicles were used for vehicle familiarization if an emergency occurred and were furnished by Heet Gas Company of Cole Camp and MFA Oil Company of Warrensburg. These companies also fueled the live fire training props with propane for the exercise.

Live fire props of a domestic propane tank and bobtail were used for the live fire training. Basic propane equipment and parts were used to assist in building firefighter knowledge and awareness when arriving on the scene. Several industry experts were on hand for questions and instruction during the evolutions of live fire training

The FFAM and MSFFD provided lodging and all meals for the attendees for no cost to the participants for the weekend. Joyce Thompson and Kathy Eggen were on hand to prepare and cook the meals for the weekend. Many compliments from the attendees and great job ladies! Several members of the MSFFD were on hand to assist with cooking and clean up and made for an excellent weekend of teamwork



and fellowship. The funds for training and meals were provided by the National Propane Education and Research Council and the Missouri Propane Education and Research Council. These funds are provided to assist in the safe handling training around the nation. The FFAM along with the Missouri State Fair Fire Department were honored to be able to host the training in the State of Missouri

again for the firefighters. Firefighters in attendance were from 21 departments across the State and one propane supplier attended this year. I would encourage you to start making plans for the convention to be hosted by the MSFFD April 21-23, 2017 in Sedalia, Missouri, and be active with the FFAM.

– continued from page 11

Their emphasis is that experience and knowledge must coexist as you do not gain experience if you do not know what is happening. Years alone may not be enough, unless you remain a lifelong student of fire science. He used the following example to create awareness of his point: 30-years and 100 fires vs. 10-years and 500 fires. Mr. Kerber then outlined how much things have changed which many firefighter likely have noticed by may not fully understand how that has changed their job in so many ways. When you put them all together as a list, it explains a lot of things. Especially when the structure comes under attack by fire

- In 1970 the average home was 1,600 sq. ft. In 2010 it is 2,500 allowing for larger fires
- In the 1940's-50's flashover times were 25-30 minutes. Today they are 3.5 to 5-minutes.
- Older homes with higher ceilings allowed heat to rise further vs. closer to its contents.
- Building materials today are smaller dimensional and use a lot of glue vs. larger all wood.
- Engineered design allows smaller dimensional support w/greater spacing supporting big loads.
- Older homes were several small rooms where today DIY concepts are OPEN-OPEN-OPEN.
- Fuel loads are MUCH greater because people have more stuff & synthetics.
- Houses are much tighter for energy efficiency which holds heat causing several issues.
- Solar Panels add a lot of weight to a roof. More stuff holds water during fire suppression
- Houses are closer together. In 1970 lot sizes were 10,100 sq. ft on average vs. 8,800 in 2010.
- Vinyl siding vs. wood is involving exposures faster (fast generation of high radiant heat).
- Exterior fires with vinyl siding are involving attics and living spaces much quicker.

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To the point, the structure fires which Grandpa responded to are different than those now faced by Grandson or Granddaughter. Critical burn times, fire behavior and construction must be realized and planned for.

Mr. Kerber then ran several video test fires of their research and moved into firefighter cancer awareness. There are eight training and awareness programs related to the previously detailed information which can be downloaded and presented to your department at no charge. Just go to [www.ULfirefightersafe.com](http://www.ULfirefightersafe.com)

Cancer presumption laws was the last general session subject on day 3. This involved a panel of five very active professionals in this subject area. Most notable was President Cindy Ell of the International Firefighter Cancer Foundation. More information is available at: [www.ffcancer.org](http://www.ffcancer.org) or 866-411-3323. This topic in general is a tip of a very large iceberg and it keeps getting bigger the more that is known.

A national cancer registry is being established. South Carolina just got a state program up and running a month before the meeting. Word must go out to volunteers and medical community their primary occupation may be the least of the medical problem. It is what they are doing part-time and most frequently not disclosed in health profiles. There will be a national cancer symposium in September 2017. A monumental push for PSOB to recognize firefighting cancer as LODD.

Maine just became the first state to enact Cancer Presumption for Firefighters with a key grandfather position that “all cases now and pending before the worker’s compensation board, which the evidence has not closed and which the statute applies will move forward”. So it can be done but the Maine delegation freely admits it was not easy.

New York is following closely, they have created a health and wellness section on their website [www.fasny.com/wellness](http://www.fasny.com/wellness). It is important in getting the word out.

# WINNERS AND RECOGNITIONS AT JEFFCO ENGINE RALLY

Over sixty-five fire trucks and ambulances ascended on the Herculaneum City Park on Saturday, September 24 to take part in the 23rd Annual Jeffco Fire Engine Rally sponsored by the Jefferson County Firefighters Association. The fall weather was absolutely gorgeous, but hot, and the event attracted firefighters children and festival-goers from across the state. The 23rd rally followed in the footsteps of its predecessors by once again being a very successful event.

As in the past, this year's rally kicked off with a parade of emergency apparatus traveling from Crystal City to the city park in Herculaneum. Following the parade, an opening ceremony was held that includes a memorial service honoring the men and women associated with the Jefferson County fire service who passed away during the previous year. The memorial includes the reading of the individual's name, their years of service and department followed by a single ring of the memorial bell. Individuals remembered this year included: Donald L. Boyer, Festus Fire Department; Terry L Gore, DeSoto Rural Fire Protection District; Thomas H. M. Murry, Herculaneum Fire Department; Jonathan L. Noce, Joachim-Plattin Ambulance District; Robert Rose, Cedar Hill Fire Protection District; Russell L. Rose, District; Roger D. Shepard, Crystal City Fire Department; Terry L. Voyles, DeSoto Rural Fire Protection District and Carol A. Watson, Cedar Hill Fire Protection District. A moment of silence in remembrance of September 11, 2001, is also included in the memorial. Members of the Ozark Firefighters Association provided the Color Guard for the fire engine rally.

During the opening ceremony, the annual Jefferson County Awards are presented to those individuals and departments who are selected by an awards committee from the nominations that are submitted.

The annual Jefferson County Firefighter Awards were presented as follows:

*Firefighter of the Year Award* to Mick Fischer, Cedar Hill Fire Protection District; *Fire Chief of the Year Award* to Chief Terry Soer, Cedar Hill Fire Protection District; and the *Fire Department of the Year Award* to Cedar Hill Fire Protection District.

The opening ceremony also includes the introduction and presentation of plaques to the rally grand marshal and junior grand marshal. Assistant Chief Mike Schrage of the Crystal City Fire Department was honored as grand marshal and Serenity Morris of St. Louis County, Missouri, represented the Midwest Burn Camp and Burns Recovered Support Group of St. Louis as the junior grand marshal. The O'Fallon Fire Protection District provided transportation for the grand marshal and Todd Mahn of DeSoto provided transportation for the junior grand marshal.

The annual rally features numerous demonstrations each year and the 23rd rally was no different. The Crystal City Fire Department presented a vehicle fire suppression demonstration; the Hematite Fire Protection District presented a vehicle extrication demonstration and the Antonia Fire Protection District presented a fire ventilation demonstration. ARCH Air Rescue, Survival Flight, and Air Evac all had rescue helicopters on display at the rally.

Other awards presented at the rally included the following apparatus winners:

*Best Overall Antique:* Todd Mahn, DeSoto, Missouri

*Newest Apparatus in Service:* Hillsboro Fire Protection District

*Oldest Apparatus in Service:* Hematite Fire Protection District

*Best Overall Current Apparatus:* Riverview Fire Protection District



**Jefferson County Firefighters Association President Bill Haggard presents Crystal City Fire Department Assistant Chief Mike Schrage with the 2016 Grand Marshal plaque.**

*Best Aerial Apparatus:* Dunklin Fire Protection District

*Best Pumper Apparatus:* Mapaville Fire Protection District

*Best Overall Ground Cover Apparatus:* Ste. Genevieve Fire Department

*Best Rescue Apparatus:* Herculaneum Fire Department

*Best Tanker Apparatus:* DeSoto Rural Fire Protection District

*Best Lettering and Detailing:* Survival Flight

*Best Overall EMS Vehicle:* Rock Township Ambulance District

*Heritage Apparatus Award:* Cedar Hill Fire Protection District



**The Ozark Firefighters Association Color Guard leads the rally parade.**

*Farthest Traveled:* Irondale Fire Protection District

*Judge's Award:* Antonia Fire Protection District

As in the past, this year's rally included numerous activities for the children including a children firefight challenge, bounce house and an inflatable slide, a photo-booth, face-painting, a fire safety house and a scavenger hunt.

The Jefferson County Firefighters Association thanks all of the vendors, equipment sales and food vendors for participating at this year's rally. The 23rd rally had the largest number of vendors in the history of the rally. A big thank you goes out to the sponsors of the event and to those who attended.

Mark your calendars! The Twenty-Fourth JeffCo Fire Engine Rally will be held on Saturday, September 30, 2017 in Herculaneum.



**Cedar Hill Fire Protection District Fire Chief Terry Soer, Lieutenant Mick Fischer and the District Board President with their County Awards.**

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# History's CORNER

## THE EVOLUTION OF FIRE DISTRICTS IN MISSOURI

By Bill Westhoff

When I was a young lad growing up in O'Fallon I had several opportunities to accompany my Dad to fire schools and other fire meetings in St. Louis County. I noticed when attending these meetings that several staff vehicles had license plates that used the letters F.P.D after the name of the organization. I was considered a rather bright child, but those abbreviations were confusing to me and at first I thought this was some kind of combined fire and police unit. Keep in mind that this was the 1950's and I was not yet a "teen know it all." So, when you don't know something, you ask your Dad. The first thing he did was chastise me for being so "damn dumb" and not looking at the lettering on the door of the vehicle because there it clearly spelled out that this was the fire chief's staff vehicle from the Mehlville Fire Protection District. This was my very first lesson learning about fire districts in my home state. Little did I know at the time that I was destined to spend most of my life dealing with fire districts and fire department

### EARLY FIRE DISTRICTS AND OTHER ORGANIZATION MODELS

The original statute that created fire protection districts in Missouri was passed in 1947. The legislature at the time assumed that the only place the fire service needed to be improved was in first class counties which was the reason I saw so many different fancy fire district staff cars at meetings in St. Louis County. Currently there are 23 fire protection districts and 20 municipal fire departments in St. Louis County.

In communities all around the state, such as St. Charles County where we lived, it was up to each community to provide fire protection for the town and usually the rural area around it. This promoted

the age-old discussion about why the town should provide protection for the rural area and the folks who lived in the country said, "because we come to town and buy stuff in your stores!"

St. Charles County had thirteen fire departments in the late 1950's and early 60's and they had formed the St. Charles County Fire Protection Association and developed areas of coverage for each department. With the exception of the City of St. Charles, which was funded by city taxes, the rest sold membership or as they were normally called "fire tags". The departmental areas of coverage established in those early days are more or less the legal boundaries of several very successful fire districts in that county today, including my home town of O'Fallon.



I spent many Sunday afternoons of my youth, going door-to-door selling fire tags for five dollars, which paid the membership for the homeowner for a year. This was a very common funding program for most of the fire departments in out-state Missouri, along with fundraisers like street dances, turkey shoots, chili suppers and any other activities that could raise a buck.

In the early and mid 1960's I had completed my education and got a real job, training firefighter for the University of Missouri. After being in Columbia for a short period of time, the Boone County Fire Department was being formed and I fell in with that strange group of CB radio nuts that started that movement. Again I found us going door to door in rural Boone County selling, you guessed it, fire tags for five bucks for fire protection. One would think in that time span; we could have at least started at ten bucks! That funding source continued until the voters were able to approve the formation of the Boone County Fire Protection District on July 11, 1970.

I can clearly remember, as a young fire instructor, traveling to the Lake Ozark area, where fire departments were working with worn out, used equipment. Some departments even stored apparatus at firefighter places of business because they didn't have funding for decent fire stations.

### RELIEF AT LAST

Finally in 1968 and 1969 the rest of Missouri got funding relief for fire protection with the passage of Missouri Revised Statute 321 and a surge of activities and lots of fire district elections took place, and the rest is history.

It is my opinion that the fire district movement in Missouri was the best decision the legislature and taxpayers ever made for the improvement of life safety for its citizens and firefighter

Based on statistics from the office of the State Fire Marshal, there are 869 total fire departments registered in Missouri. Of that number, 374 are tax supported fire protection districts.

Based on my previous description of departments in the Lake Ozark area, go to the websites for the current Osage Beach Fire Protection District, under the leadership of Chief Jeff Dorhauer or the Mid County Fire District with Chief Scott Frandsen at the helm, and see the difference. These are two examples of the monumental changes that have taken place because fire districts have the resources to provide protections our citizens deserve.

My hometown of O'Fallon and my ole stompin' grounds of Boone County now both have epic organizations with multi-million dollar budgets.

**A CLOSER LOOK AT THE WESTERN TANAY COUNTY FIRE PROTECTION DISTRICT (WTCFPD)**



To further make my point about fire district's impact on an area, I want to feature one of my favorite and in my judgment, one of the best organized and managed districts in the State. It is unique in that it completely surrounds one of the hottest tourist spots in the nation, Branson, MO. Formed by a vote of the people on November 4, 1982, WTCFPD covers 212 square miles of Western Taney County. There are around 25,000 people that live in the district but the district staff deals with over seven million tourist who visit the Branson area annually.

The district, under the very able leadership of Fire Chief Chris Berndt and a career staff of a half dozen, coordinate an army of well-trained volunteer officers and firefighters including a dozen cadets. From 14 thru 18 years of age.



**Fire Chief Chris Berndt, Western Taney County Fire Protection District**

Unique protection and response challenges are posed in this area along with regular fire responses, including protecting densely populated areas with condos, water emergencies on Table Rock Lake and other waterways, wildland interface issues, and very rural coverage areas. Twelve fire/rescue stations provide coverage for the district, along with some very innovative apparatus designs. A fireboat is housed at State Park Marina on Table Rock lake that can provide a near lake water supply for land based apparatus and rescue and recovery activities on the lake. The district works closely with the water patrol division of the Missouri State Highway Patrol and mutual aide with their neighboring department, Southern Stone County Fire District and their marine division.



The district proudly serves residents of Bull Creek, Hollister, Kirbyville, Merriam Woods, Mincy, Ridgedale, Rockaway Beach, Walnut Shade and the unincorporated areas of Western Taney County. Without the services of a fire district, none of these communities could afford even minimal fire services on their own.

In 1978, then Branson Fire Chief Earnie Braswell and other interested citizens were determined to improve fire services in the area and worked to form the Branson-Rockaway Fire District, which followed the Branson School District boundaries. In the early 1980's there was a need to improve protection for the Oakmont area and the Oakmont Fire District was formed.

In November of 1982, voters formed the WTCFPD, which included the Oakmont and Branson-Rockaway Districts excluding the cities of Branson and Hollister and some of the Hollister rural area. The district officially began operation on January 1, 1983 with Klein Calvert as the first fire chief. On October 15, 2003 the



**Hollister Fire Department Late 1940's or early 1950**

district and the Hollister Fire Department merged, making the district Hollister's Fire Department. Mark Gordon, Ron Smith and Greg Strahm followed Chief Calvert through the next several years as leaders of the district.

On October 16, 1986 the first career Fire Chief was hired by the district. Chief Bob Hasbrook became the full time fire chief. Bob had been a long time member of the Neosho Fire Department and a very dedicated part time instructor for the Missouri Fire and Rescue Institute. We worked together on lots of awesome projects in Southwest Missouri before and after he became the fire chief and I have been lucky to call him a friend. When he departed Taney County in July 1994 he became the fire chief in Bartlesville, Oklahoma and retired from that position a few years ago.

Chief Chris Berndt assumed the position of fire chief on July 1, 1994 and continues to serve, wearing two hats, also serving as the emergency management director for all of Taney County.

**UNIQUE EQUIPMENT AND INNOVATIVE FACILITIES**

Chris brought with him a huge storehouse of information and ideas from other departments on which he had served. It was obvious upon his arrival that the board members wished to expand from their present six fire stations to twelve. As a new chief, he also faced the challenges of making changes in a department in which he was the "new guy."

Extensive discussions were held with the crews at all six stations and it was originally thought that all stations needed an engine, a tanker, a brush rig and rescue vehicle. The reality of the situation was the district could not fund that many vehicles and there was also the issue of enough folks to get them out and on the road when they were dispatched.

Without making this story longer than the entire newsletter, we can report that a newly designed pumper/tanker concept was born with additional brush gear and minimal rescue gear on board. This



**Chief Berndt presenting the Emergency Medical Response Agency license to the board members of the fire district.**

apparatus design has become the standard for the district without compromising attack and protection. The first of these combo units was delivered in 1996 and now eight of the twelve stations are operating such units.



**Engine 52 of WTCFPD was designed by the fire district staff to function as a tanker or engine and carries basic wildland tools and minimal rescue equipment.**

For a number of years the district has also used a fire station design that has greatly expanded protection for their citizens. When stations were added or renovated, living quarters for volunteer firefighter were included. Having occupants in the station greatly reduced the response time. Although this concept is used in other districts in the state, Western Taney has taken the idea to another level. Apartments are being added to some stations so that families can be station occupants.

**MEDICAL RESPONSE IMPROVED**

Western Taney Fire works closely with the Taney County Ambulance District to

provide expanded, advanced life support responses. In May of this year the fire district received their newly issued Emergency Medical Response Agency License from the State of Missouri. The new licensure now allows paramedics who are employed by or volunteer with the fire district to give life saving medications and perform advanced procedures on those suffering from medical and traumatic emergencies.

**FINAL THOUGHT**

This is the type of forward thinking that takes place in so many of the fire districts in our state. Thousands of dedicated full time employees and volunteers are provided with the tools, education, and equipment needed to protect their citizens because of the expanded fire district statute.



**Three generations of the pumper/tanker concept.**

# HOLDEN FIRE DEPARTMENT

Holden Fire Department participated in the annual MDA boot block and raised \$1,700. The department also participated in the annual City of Holden downtown trick-or-treat on October, 31.



## FREDRICKTOWN FIRE DEPARTMENT CHILI COOK OFF

The Fredericktown Fire Department just completed another successful chili cook off with over \$6,000 raised to go toward our training center. Be sure to check out the following link :

[youtu.be/uE3OvzCGrhE](https://youtu.be/uE3OvzCGrhE)

This video demonstrates how quickly a fire can grow inside of a residence.

A very good prop to build to get attention on the importance of fire alarms and how quickly a fire can spread.

The department also welcomed over 450 kids to the department for fire prevention week.



## LINN FD RECEIVES FIRST AERIAL APPARATUS

Pictured is Deputy Chief Brian Leivian and Travis Trent of Jons Mid America Trucks in Rogersville, Missouri. Brian is receiving the keys for a 75 foot KME aerial ladder truck on September 30, 2016. Brian is the veteran member on the department with 26 years of service and received the departments first aerial apparatus. Chief Ron Hoffman, Assistant Chief Craig Leivian, Captain Chase Hoffman, Captain Colby Nilges, and Firefighter Zach Holmes assisted the committee with searching, locating, testing and inspecting the unit. This process took over a year to find the best option for purchase. Training has started and after equipping the aerial apparatus and training/certifications, it is expected to go into service by the first of the yea .



## WESTERN TANEY COUNTY FD

The Western Taney County Fire Protection District placed its second Brush/Service truck in service at Fire Station 7. The vehicle is designed to respond to natural cover fires, medical calls and service company in the North central portion of the fire district.

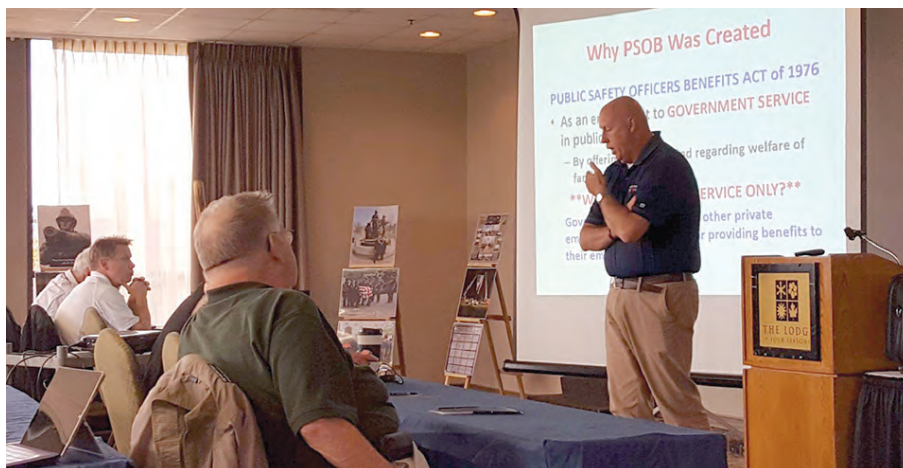
This truck does function as a “normal” brush truck and carries ALS medical gear. In addition, it carries all service company equipment required by ISO except for the extension and roof ladders. The district also has a heavy rescue truck responding from Fire Station 1 as the light and air unit, however there was a need to shorten the response distance to improve the Insurance Service Office (ISO) credit.



## LINE OF DUTY DEATH TRAINING

On Friday October 21, a training was held at the Lodge of Four Seasons in conjunction with the Missouri Public Safety Weekend, held on October 21-23. The course provided information on Line of Duty Deaths and PSOB benefits. Instructors for the class were Executive Director Eric Johnson from Supporting Heroes in Louisville, KY, and Missouri State Director Brian Zinanni of Supporting Heroes, who is also the head of the Missouri Fire Funeral Assistance Team.

This six hour program shared information on how to prepare for LODD in your organization and how important it is to have a plan already formed for your organization. How important it is to have information on all your members and have it on file was stressed many times throughout the program. PSOB



benefits were also talked about and how important it know what you need and don't need.

27 members from law enforcement, fire, and EMS attended the training.

This training is also available to organizations by contacting Supporting Hero's at [www.supportingheroes.org](http://www.supportingheroes.org), or contact Brian Zinanni with the Missouri Fire funeral assistance Team.

# AN UPDATE FROM THE



# 2ND VICE PRESIDENT

Charlie Neubert

**F**all, Winter, Christmas, really! Already! Summer went where? Time moves so fast and things change almost every day and people are calling on the fire department for help more than ever. People are turning to the fire service for much more than to report a fire. We get calls for what to do with old medications to suspicious packages. We certainly don't have all the answers but we sure find out what to do, don't we?

The public turns to us for help and we do it, and when we need help we turn to each other. The fire service is, has, and always will be one big family. Just like 9/11, sure our hearts broke for all that were lost at the towers, Pentagon, and the Pennsylvania flight, and we cried for the firefighter that gave their all that day. And all over the U.S. firefighter remember our brothers and sister in September never once saying, "I don't know him." I was honored September 11, to be with 280 firefighter doing the stair climb at Silver Dollar City. As I looked around I had a very deep feeling in my heart of how proud of those that came out to remember. I stood at the top of the stairs, because I could not do any walking but shook hands with most of all 280 and later talked with many. I met a firefighter from Los Angeles County Fire Department that was on hand to root on his son that was with a department from Arkansas, and others from surrounding States and an overwhelming show of Missouri Fire Fighters from all parts of our state. All united for one cause, brotherhood.

## COLD WEATHER PREPAREDNESS

By Ken Jennings, Division Chief of Training, Johnson County FPD

**S**ummer has come and gone and cold weather is just around the corner. With the change in seasons you should take time to prepare yourself and your equipment for inclement conditions. There are several items that you can gather before a long unexpected stay in freezing weather. Warm socks are one of the most important additions that I make every winter. A pair of wool socks left with your PPE will come in handy on those cold winter days. Another important addition is a pair of warm gloves. Our bunker gloves work well until we get them wet. A good pair of insulated work gloves will help keep your fingers toasty for those long fire incidents

From time to time winter will bring us snow and ice. Snow and ice conditions

increase firefighting hazards while working on emergency scenes and around the station. Several companies manufacture traction devices that can be placed on your boots. These devices range in cost but are a good investment as they reduce your chances of slip and fall injury. You should also dress warm under your bunker gear but keep in mind that too many layers under your PPE decreases maneuverability so bring an extra sweatshirt that can be put on if you need it.

These are just a few additions to your cold weather PPE that have been discovered from trial and error. Rubber boots and wet gloves will not keep you warm so take time to prepare yourself, it will pay off in the end. Stay Safe!



The beautiful color of fall is here and also now that brings on an increase in fires. The last thing any of us want is for another brother or sister to get injured or worse. So how do we enjoy the season? Training! Not just sitting around the station and talking, but real live training.

Christmas is coming too, a time for giving. How about reaching out to maybe our neighbor fire departments that don't

have the training facilities or resources that you do. Let's finish out this last quarter of the year setting records in training and making our people ready to do the job the public wants us to do.

I also want to be the first to wish everyone a Merry Christmas and a Happy New Year!

Charlie Neubert  
2nd Vice President



# THE MUSEUM PROJECT

BY RON BAKER



MissouriFireFightersMuseum.org

The next big event for promoting the Museum Project will be the Winter Fire School in Columbia, February 3-4, 2017. We will have a booth set up again to give information about fund raising efforts and other information pertinent to this project. Please stop by and purchase a raffle ticket, make a donation, or just visit with us about how we can raise more of the funding we need. I always enjoy seeing everyone at the fire school so come on by!

Speaking of the fire school, once again we will be doing a fund raiser at Texas Roadhouse on Friday evening of the school. In the January newsletter, we will have a flier about this event. You must take that flier and give it to your server and the museum project will receive 10% of your check. Last year we raised

over \$500, the largest fund raiser Texas Roadhouse had at that restaurant. You are to be commended and I'm sure you enjoyed a delicious steak. Because of the crowds, many were not able to participate, but please support this effort.

### FIRE FIGHTER FIELD OF FLAGS

I am beginning the promotion of this annual project. Last year was a down year as we only posted 65 flags. It is a beautiful sight to drive by on I-70 and see all the flags flying in the wind. We will have an order form in the newsletter. I will need the orders placed by April 23 in order to have them available for posting in early May. It would be great to have every department represented with a flag. If you want the flag to stay there, the cost is \$35; if you want the flag mailed to you after we take them down, the cost

is \$40. We post the flags prior to the Fire Fighters' Memorial Service and leave them up until Flag Day in June.

Special thanks to the North Callaway Fire Protection District for their donation of \$1,330 in memory of a long time businessman and supporter of the Fire Service in the Kingdom City area. This is a great way to remember an individual or department. Thank you!

Remember, if you work for the state of Missouri or have family/friends working for the State, they can make a pre-tax contribution to the Museum Project through the Missouri State Employees Charitable Campaign. Our ID # is 8065 and we receive a check quarterly from individuals who care about you.



### FIRE FIGHTERS' FIELD OF FLAGS • A FIRE FIGHTER MUSEUM FUND RAISER

For only **\$35 each** you can designate a flag to be flown in memory, honor, or appreciation of an individual you choose. Flags will be raised in early May and be flown until June 2017 at the Firefighters Memorial in Kingdom City, Missouri. All proceeds will benefit the Firefighter Museum Project. Proceeds benefit Fire Fighter Museum Fund and are tax deductible.

If you would like to have your flag mailed to you, please add \$5 per flag for postage. **Deadline for ordering flags is May 1, 2017**

Name \_\_\_\_\_  
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Name On Flag #1 \_\_\_\_\_

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P.O. BOX 245  
FULTON, MO 65251

**MAKE CHECKS PAYABLE TO:**  
**"FFAM MUSEUM"**

E-mail Question to:  
**ffammuseum@gmail.com**

If you have multiple names for flags, please use a separate page if necessary for the requested information.

# DROWSY DRIVING – AS DANGEROUS AS DRUNK DRIVING

By California Casualty

Most of us would never drive after drinking, but if you've ever been jolted awake as your car hit the rumble strip on the side of the road or you fell asleep at a stoplight, you were engaged in as dangerous a situation as driving while impaired. It's important that all of us understand the implications of drowsy driving as we observe Drowsy Driving Prevention Week, November 6-13. Drowsy driving is more than a week-long issue; it affects thousands every day of the year.

Drowsy driving is now listed as one of the National Highway Traffic Safety Administration's top public safety dangers behind the wheel along with drugged, drunken and distracted driving. The National Sleep Foundation has concluded that anyone who has slept less than two hours in a 24 hour period is too sleep deprived to operate a vehicle.

Here's why; drowsy driving is estimated to be the cause each year of:

- 328,000 crashes in the U.S.
- 6,400 highway deaths
- \$109 billion in costs, not counting property damage

Here are some other startling statistics:

- More than half of drowsy driving crashes involve drivers age 25 and younger
- Driving 18 hours without sleep is equal to .05 blood alcohol impairment and 24 hours without sleep equates to .10
- As many as one-third of drivers admitted that they have fallen asleep while driving

If you've battled to keep awake on a long drive or on the way home after a long shift, you know how dangerous it can be; much like drunk drivers, overtired drivers have proven to have:

Lack of sleep mimics blood alcohol concentration



Source: GHSA

- Slower reaction times
- Impaired judgement
- Increased risk of risk taking
- More frequent blinking/eye closure
- Deficits in cognitive performance
- Memory impairment
- Attention failure

Are you one of those most at risk for drowsy driving impairment? The National Sleep Foundation warns that over-tired shift workers like law enforcement officers, first responders and nurses are more prone to the problem, as are people who work more than 60 hours a week. These risk factors include:

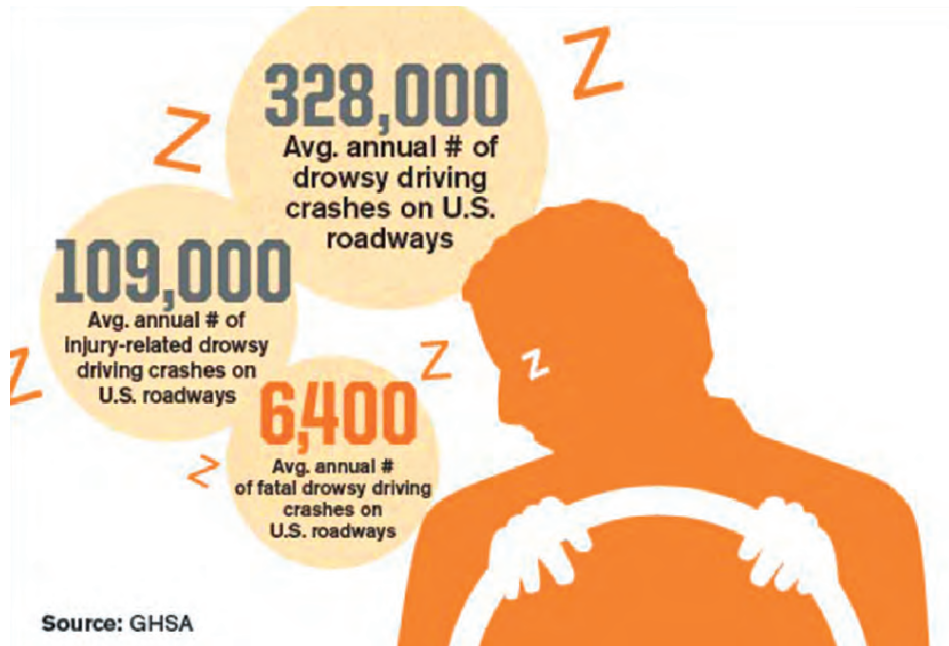
- Being sleep deprived or fatigued (6 hours or less of sleep)
- You suffer from insomnia
- You drive long distances without breaks
- You drive when you would normally be sleeping
- You take sedating medications such as anti-depressants, allergy pills or cold tablets
- You drive alone on a long, rural, dark road

Keep in mind that most drowsy driving crashes occur during late night or early morning hours, with a slight spike in the mid-afternoon.

Safety groups and the National Sleep Foundation urge you to pull over, stop and rest if you notice any of these warning signs:

- Difficulty focusing
- Frequent eye blinking
- Daydreaming
- Trouble recalling the last few miles or moments
- Repeated yawning or rubbing your eyes
- Trouble keeping your head up
- Driving across lanes or hitting a shoulder rumble strip

And, if you are a firefighter or an EMT, you are not immune. A study by the International Association of Fire Chiefs (IAFC) warned that sleep deprivation among firefighters may be responsible for the disproportionately higher fireground injury rates observed in the early morning hours. It also found that fatigue when driving may increase the risk of crashes following work hours.



Recent research from Brigham and Women’s Hospital warns that sleep disorders such as sleep apnea, insomnia, shift work disorder and restless leg syndrome are common among firefighters. The study concluded that these conditions are linked to a higher risk of car crashes. Almost 40 percent were diagnosed with a sleep disorder and those firefighters were more likely to have been involved in a crash and also more likely to report having fallen asleep behind the wheel. Auto wrecks and heart disease are the two leading causes of death for firefighters.

Keep in mind that the switch from Standard Time to Daylight Saving Time, and the resulting loss of an hour of sleep, can put an additional burden on an overtired firefighter.

Lack of sleep can lead to serious health issues. A review of sleep studies by the Centers for Disease Control and Prevention found that inadequate sleep is a public health epidemic and those who get only six hours or less per night were more likely to have a depletion of performance with an increased risk of heart attack, stroke, diabetes, depression and obesity.

So what can you do to get more sleep? Experts say good sleep hygiene is essential:

- Try to get eight hours of sleep a night
- Avoid napping during the day (unless you are on an extended shift)
- Stop using stimulants such as caffeine, nicotine and alcohol close to bedtime
- Stay away from heavy meals close to bedtime
- Get vigorous exercise during the day and try relaxing rituals such as yoga before bedtime
- Keep the bedroom for sleep; remove the TV
- Create a good sleep environment: eliminate excess noise and light and the temperature neither too hot or cold

Remember, getting a good night’s sleep and finding more time to relax can make you a better firefighter and a better person to the ones you love.

You shouldn’t lose sleep worrying about auto and home insurance. California Casualty realizes accidents so happen; that’s why you need to make sure you and your family have adequate protection.

## AN UPDATE FROM THE



# 1<sup>ST</sup> VICE PRESIDENT

Tim Bean

Greetings from your First Vice President, it’s hard to believe that two-thirds of 2016 has come and gone, wow!

Fire prevention week has also come and gone which tells me Fall and Winter are on the horizon. I still enjoy seeing and interacting with all the different ages of children that we come in contact with during this time.

I failed to get something out for the last newsletter, which I apologize. I would like to commend our State Fair Commissioners, Fire Chief Donnie, his staff, and all of the loyal firefighters that devoted their time to serve and protect everyone during the State Fair. Thanks for caring and sharing, and making me feel welcome.

Looking into the future, the 2017 FFAM Convention is coming, which will be hosted by the FFAM. Please set this date on your calendar and make this convention a great success. If you would like to help contact Chief Larry Jennings at email address: [ljennings@jcfpd.net](mailto:ljennings@jcfpd.net)

In closing, go exercise your constitutional right and vote.

Stay Safe,

Happy Holidays!

First Vice President  
J. Tim Bean

## TROY NICHOLS

January 24, 1962 - October 22, 2016

Troy Nichols, age 54, of Versailles passed away Saturday, October 22, 2016 at the University Hospital in Columbia following a courageous battle with cancer.

He was born in Marshall, Missouri on January 24, 1962, the only son of Robert W. and Delores Cotton Nichols. On April 28, 1984 in California, Missouri he was united in marriage to Belinda Comstock, who survives at their home.

He was a 1980 graduate of Versailles High School and attended State Fair Community College in Sedalia.

For several years Troy worked as an EMT for the Mid-Mo Ambulance District. At the time of his death, he was employed with Crown Power and Equipment in Eldon.

Troy was a volunteer fireman with the Versailles Rural Fire Protection for more than 16 years, serving as Chief since January of this year. He was also the logistics coordinator for the Versailles Olde Tyme Apple Festival, along with volunteering countless hours to other events in the Versailles community.

He enjoyed hunting and fishing and spending time with his family, especially his grandchildren. Troy's greatest passions in life were his grandkids and the time he could spend with his fellow firefighter protecting and serving his community.

In addition to his wife of 32 years, he is survived by one son and daughter-in-law, Cody "Newt" and Michelle Nichols of Wheatland; one daughter and son-in-law, Rachel and Richard Rush of Indianapolis, Indiana; his parents, Bob and Delores Nichols of Fortuna; four sisters and three brothers-in-law, Kim and Til McGinnis of Versailles, Karen and David Rhoades of Beaman, Jan and John Klein of Versailles, and Leslie Nichols of Plano, Texas; six grandchildren, Adyson Nichols, Wyatt

## SCOTT MATTHEW ARLINT

July 27, 1989 - October 25, 2016

Scott Matthew Arlint, age 27, of Walker/Houston, MO, passed away on Tuesday, October 25, 2016. He was born July 27, 1989, in El Dorado Springs, MO, the son of Alen Arlint and Rose (Milligan) Arlint.

Scott attended Northeast Vernon County School and graduated with honors. He married Kendra Mitchell in 2008. To this union one child was born, Jocelynn Renee Arlint.

Scott studied and volunteered as a fire fighter with the Walker Fire Department and several other fire departments. He started fighting fire at age seventeen and fighting fires was still his first love. He excelled in this field

Scott passed away working at what was his second love. He drove a semi truck for a living. He couldn't wait to climb into the cab of his truck and become the King of the road. He had a joy for life that was unequalled. He enjoyed spending time with family and friends.

Preceding Scott in death were his great-grandparents Robert and Agness Arlint and Vern and Lola Myers.

Survivors include his three children: Jocelynn Renee Arlint of Oklahoma, Preston Levi Collins of Nevada, MO, and Zane Arron Cole of Walker, MO; his fiancé



Melissa Koehn and her three children, Hope, Sabrina and Gabe, all of Houston, MO; Scott's parents, Rose Arlint of West Plains, MO and Alen and Darla Arlint of Walker, MO; one brother Jason Arlint and wife Amber of Nevada, MO; four stepsisters: Dannielle McWilliams of Nevada, MO, Suzanne Prough and husband Greg of Nevada, MO, Jessica Dodd and husband Steven of Jerico Springs, MO, and Ashley Hardy and fiancé Harry of Nevada, MO; grandparents, Glenn and Mary Arlint of Helena, MT, Jack Barnes of Walker, MO, and Pat and Sinon Ozkal of Nevada, MO; several aunts, uncles, nieces and nephews; and numerous other family members and friends.

Rush, Kennedie Rush, Madalyn Nichols, Benton Rush, and Jaxon Rush, with his seventh grandchild due in February, along with nieces, nephews, other relatives and many friends.

In lieu of flowers, memorial contributions are suggested to the Versailles Rural Fire Department and may be sent in care of Scrivner-Morrow Funeral Home or given at the school the day of the service.



# 9/11 MEMORIAL STAIR CLIMB HELD AT SILVER DOLLAR CITY

By Silver Dollar City

Silver Dollar City hosted the 9/11 Memorial Stair Climb in Echo Hollow on Sunday, September 11. Approximately 240 participants climbed the stairs of the amphitheater multiple times for a total of 110 stories, representing the number of floors in the Twin Towers of New York City. The event benefits the National Fallen Firefighters Foundation and their families.

September marked the opening of the new Heroes' Month, honoring those who serve and protect families across the nation. Law enforcement officers, firefighters EMTs, and active duty and retired military personnel receive free admission to Silver Dollar City for the month of September, plus discounted tickets for up to four family members.





# Fire Fighters Association of Missouri Delegate Registration

2017 FFAM Convention Board of Directors business meeting  
Sunday, April 23, 2017 at 9:00 a.m.  
Missouri State Fairgrounds, Sedalia, MO

Fill out your delegate information and mail the registration form to the address below or submit to Secretary-Treasurer Jaime Miller at the Convention.

An FFAM membership card may be required for membership verification.

Mail to:

FFAM, PO Box 1153, Warrensburg, MO 64093

### FFAM BYLAWS: ARTICLE VIII – DELEGATES

**Section 1:** Each member fire department in good standing with FFAM shall be entitled to representation at the annual convention. A maximum of three delegates from each fire department shall be allowed. In the event any special meeting of this association is called, the number of delegates allowed shall be determined in the same manner as that of the annual convention. All Board of Directors shall be delegates at annual conventions.

**Section 2:** All delegates must be active members of good standing in FFAM and active or retired members of the fire department which they represent.

**Section 3:** No fire organization may be represented by proxy.

**Section 4:** Credentials of each delegate and alternate should be in the hands of the Secretary-Treasurer or his/her designee at least one hour prior to the annual convention business meeting. These credentials shall be on forms supplied by the Secretary-Treasurer, and signed by the chief officer or his/her designee of the department the delegate represents.

**Section 5:** Alternate delegates may vote in the absence of the regular delegate.

**Section 6:** Any active member may take part in the discussion of all orders of business at the annual convention, with the exception of election of Officers, only a duly authorized delegate may place a motion or cast a vote.

**Section 7:** Only one vote shall be allowed to each delegate.

**Section 8:** The Secretary or Sergeant-at-Arms shall poll the delegates by number and department prior to the business meeting of the convention.

Department _____		FDID _____	
Delegate (PRINT)		Alternate (PRINT)	
1. _____		1. _____	
2. _____		2. _____	
3. _____		3. _____	
Chief (print) _____			
Chief (signature) _____			

# POSTERS WANTED

## POSTER CONTEST RULES

- The Poster Contest should be conducted by a FFAM member agency in their local schools.
- There will be three divisions:
  - Grade 1-2
  - Grades 3-4
  - Grade 5-6
- Sponsoring departments may submit top three posters in each division
- All posters must meet the following requirements:
  - All posters must be the work of only one child.
  - Posters must be on 11x17 inches white heavy paper.
  - All work must be original.
  - The child's name, mailing address, grade, school, county and sponsoring agency must be on the back of the poster
  - Posters must incorporate and state the theme determined by the NFPA Fire Prevention Week.



- The winning poster in each division will become the property of the FFAM
- The following prizes will be awarded to the winners of each division:
  - 1st place in each category will receive \$75.00
  - 2nd place in each category will receive \$50.00
  - 3rd place in each category will receive \$25.00
- The winning posters in each division will be displayed on the FFAM website, Division of Fire Safety website and on the website of the sponsoring agency (if available).
- Prizes in each division will be awarded at the division winners' school immediately following the annual FFAM Convention by the local Fire Chief and the FFAM District Representative.
- Judging of the posters will be based upon:
  - Presentation of the fire prevention theme (75%)
  - Artistic attributes (25%)
- All posters must be submitted to the fire prevention committee no later than 7:00 p.m. on the evening of the opening ceremonies of the annual FFAM Convention.
- The judges of the poster contest will be determined by the fire prevention committee.
- The first place winners from each division will be announced during the Convention Banquet.

## FFAM FIRE PREVENTION POSTER CONTEST

Artist Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Grade: \_\_\_\_\_

School: \_\_\_\_\_

County: \_\_\_\_\_

Sponsoring Agency: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Phone: \_\_\_\_\_

**UNITED STATES POSTAL SERVICE® (All Periodicals Publications Except Requester Publications)**

1. Publication Title: FFAM Newsletter

2. Issue Frequency: Bimonthly

3. Complete Mailing Address of Known Office of Publication (Street, City, County, State, and ZIP+4®): PO Box 1155, Warrensburg, MO 64093

4. Complete Mailing Address of Headquarters or General Business Office of Publisher (Not a Post Office): PO Box 798, 100 N. 4th St., Columbia, MO 65201

5. Full Name and Complete Mailing Address of Publisher: Tribune Publishing, PO Box 798, 100 N. 4th St., Columbia, MO 65201

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11. Complete Mailing Address of the Circulation Office of Publication: PO Box 1155, Warrensburg, MO 64093

12. Complete Mailing Address of the Fulfillment Office of Publication: PO Box 1155, Warrensburg, MO 64093

13. Complete Mailing Address of the Fulfillment Office of Publication: PO Box 1155, Warrensburg, MO 64093

14. Complete Mailing Address of the Fulfillment Office of Publication: PO Box 1155, Warrensburg, MO 64093

15. Complete Mailing Address of the Fulfillment Office of Publication: PO Box 1155, Warrensburg, MO 64093

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13. Publication Title		14. Issue Date for Circulation Data Below	
FFAM Newsletter		9/15/2016	
15. Extent and Nature of Circulation		Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Total Number of Copies (Net press run)			
		7,131	8,256
b. Paid Distribution (Sum of 15b (1) through 15b (4))			
15b (1) Sales Through Dealers and Carriers, Street Vendors, Counter Sales, and Other Paid Distribution Channels		7,027	8,248
15b (2) Paid Distribution Outside the Mails (Carriers or other means)			
15b (3) Paid Distribution by First-Class Mail (Priority Mail)			
15b (4) Paid Distribution by Other Classes of Mail Through the USPS (e.g., First-Class Mail®)			
c. Total Paid Distribution (Sum of 15b (1), (2), (3), and (4))			
		7,027	8,248
d. Free or Nominal Rate Distribution (Sum of 15d (1) through 15d (4))			
15d (1) Free or Nominal Rate Outside-County Copies (Included on PS Form 3841)			
15d (2) Free or Nominal Rate In-County Copies (Included on PS Form 3841)			
15d (3) Free or Nominal Rate Copies Mailed at Other Classes Through the USPS (e.g., First-Class Mail®)			
15d (4) Free or Nominal Rate Distribution Outside the Mails (Carriers or other means)			
e. Total Free or Nominal Rate Distribution (Sum of 15d (1), (2), (3), and (4))			
f. Total Distribution (Sum of 15c and 15e)			
		7,027	8,248
g. Copies not Distributed (See Instructions to Publishers at page 40)			
		104	108
h. Total (Sum of 15f and g)			
		7,131	8,256
i. Payment Method (See Instructions to Publishers at page 40)			
		100	100



# 2017 FFAM CONVENTION

APRIL 21-23, 2017 • SEDALIA, MISSOURI



## REGISTRATION FORM

Name: \_\_\_\_\_ Rank: \_\_\_\_\_  
 Department: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_ Banquet: Yes \_\_\_\_\_ No \_\_\_\_\_

### PLEASE PROVIDE THE FOLLOWING INFORMATION FOR ALL GUEST WHO WILL BE IN ATTENDANCE:

Guest Name: \_\_\_\_\_ Title: \_\_\_\_\_ Banquet \_\_\_ Yes \_\_\_ No \_\_\_  
 Guest Name: \_\_\_\_\_ Title: \_\_\_\_\_ Banquet \_\_\_ Yes \_\_\_ No \_\_\_  
 Guest Name: \_\_\_\_\_ Title: \_\_\_\_\_ Banquet \_\_\_ Yes \_\_\_ No \_\_\_

We are providing transportation to and from the hotels listed on our website on Friday and Saturday night. Please indicate which hotel(s) you are staying at and how many would like to use this service.

Hotel: \_\_\_\_\_ Friday: \_\_\_\_\_ Saturday: \_\_\_\_\_

Hotel: \_\_\_\_\_ Friday: \_\_\_\_\_ Saturday: \_\_\_\_\_

### DISCOUNTED REGISTRATION DUE BY MARCH 17, 2017

Registration \$10.00 X \_\_\_\_\_ = \_\_\_\_\_ Banquet \$25.00 X \_\_\_\_\_ = \_\_\_\_\_ Total Due \$ \_\_\_\_\_

REGISTRATION AFTER MARCH 17 PAYABLE AT THE DOOR; Registration \$15.00; Banquet \$25.00

### MAKE CHECKS PAYABLE TO: FFAM CONVENTION 2017

### SEND REGISTRATION AND PAYMENT TO:

2017 Convention Registration  
 P.O. Box 1153  
 Warrensburg, MO 64093

### IF YOU HAVE ANY QUESTIONS

Visit our website: [WWW.FFAM.ORG](http://WWW.FFAM.ORG)

Email: [FFAMCONVENTION2017@GMAIL.COM](mailto:FFAMCONVENTION2017@GMAIL.COM)

OFFICE USE ONLY Date Received: \_\_\_\_\_ Date Entered: \_\_\_\_\_ Amount Received: \_\_\_\_\_ Check#: \_\_\_\_\_



# 2017 FFAM CONVENTION

APRIL 21-23, 2017 • SEDALIA, MISSOURI



## EXHIBITOR DISPLAY BOOTH REGISTRATION

Missouri State Fairgrounds • Mathewson Exhibition Center • Sedalia, Missouri

Exhibition: April 21, 2017

Name of Company: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Email: \_\_\_\_\_ Fax: \_\_\_\_\_

- Exhibit Times April 21st 12:00 pm to 7:00 pm ;  
Setup Time April 21st 9:00 am to 12:00 pm
- REGISTRATION IS DUE BY MARCH 31ST - PAYMENT MUST BE INCLUDED WITH REGISTRATION UNLESS OTHER ARRANGEMENTS HAVE BEEN MADE.**
- All upper level booths include cloth back walls and side rails.
- Booths assigned by Expo Director.
- Cancellations must be in writing 30 days before event for full refund after 30 day a 50% charge will apply. No shows will forfeit refund.
- We request that each vendor supply door prizes if possible.
- Please call or email for availability of inside vehicle spaces.

We invite you to be a part of this exciting event! If there is any way we can assist your company, please call convention committee chairperson Larry Jennings at 660-747-5220 or 660-624-1918.

BOOTH OR SPACE TYPE	PRICE	NUMBER REQUESTED	TOTAL DUE
8 Foot X 8 Foot	\$125 Per Area		
16 Foot X 8 Foot	\$250 Per Area		
Inside Vehicle	\$250 Per Vehicle		
Outside vehicle	\$75 Per Vehicle		
<b>GRAND TOTAL</b>			

**MAKE CHECKS PAYABLE TO: FFAM CONVENTION 2017**

**SEND REGISTRATION AND PAYMENT TO:**

2017 Convention Registration  
P.O. Box 1153  
Warrensburg, MO 64093

**IF YOU HAVE ANY QUESTIONS**

Please Email: [FFAMCONVENTION2017@GMAIL.COM](mailto:FFAMCONVENTION2017@GMAIL.COM)

OFFICE USE ONLY Date Received: \_\_\_\_\_ Date Entered: \_\_\_\_\_ Amount Received: \_\_\_\_\_ Check#: \_\_\_\_\_



# 2017 FFAM CONVENTION

APRIL 21-23, 2017 • SEDALIA, MISSOURI



## FFAM CONTEST FORM

Registration Deadline is 7:00 p.m. on Wednesday, April 19, 2017

Department Name: \_\_\_\_\_ Team 1  Team 2

Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

Check One: Firefighter Division  Female Division  Junior Division

Must be an FFAM or Auxiliary Member to participate.

Hose Coupling: \_\_\_\_\_  
(captain)  
\_\_\_\_\_  
(alternate)

Extend a Line: \_\_\_\_\_  
(captain)  
\_\_\_\_\_  
(alternate)

Replace a Section: \_\_\_\_\_  
(captain)  
\_\_\_\_\_  
(alternate)

Water Fight: \_\_\_\_\_  
(captain)  
\_\_\_\_\_  
(alternate)

Bucket Brigade: \_\_\_\_\_  
(captain)  
\_\_\_\_\_  
(alternate)

Email Contest Registration and  
Release of Responsibility form to:  
roberdel@ktis.net

or mail to: Rob Erdel  
19761 ACR314  
Mexico, MO 65265





# 2017 FFAM CONVENTION

APRIL 21-23, 2017 • SEDALIA, MISSOURI



## SPONSORED LODGING RATES

### HOLIDAY INN EXPRESS

660-826-4000  
\$90 Per Room

- 50 Rooms
- 20 Doubles
- 30 Kings
- Breakfast
- Indoor Pool
- Fitness Center
- Business Center

### COMFORT INN

660-829-5050  
\$86 Per Room

- 35 To 50 Rooms
- 2 Queen Rooms
- Hot Breakfast
- Indoor Pool
- Business Center

### BEST WESTERN

660-826-6100  
\$84-\$94 Per Room

- 50 Rooms
- 35 Double
- 15 King
- Smoking And Non Smoking
- Restaurant
- Indoor Pool
- Breakfast Buffet

### TRUMAN INN

660-826-8400  
\$80 Per Night

- 116 Rooms
- 85 Doubles
- 30 Kings
- 2 Hot Tub Suites \$120
- Hot Breakfast
- Indoor Pool
- Fitness Center
- Mexican Restaurant/Bar
- Smoking / Non Smoking

### MOTEL 6

660-827-5890

- 30 Doubles \$70
- 20 Kings \$70

- 33 Singles \$65
- No Breakfast
- Free Coffee
- Microwave and Fridge

### MISSOURI STATE FAIR CAMPGROUNDS

- 30 Amp Spot \$14
- 50 Amp Spot \$25

# FFAM

Fire Fighters Association of Missouri

## SAVE THE DATE 2017 FFAM CONVENTION





# 2017 FFAM CONVENTION

APRIL 21-23, 2017 • SEDALIA, MISSOURI



## CONVENTION BOOK SPONSORSHIP ADVERTISING RATES

ADVERTISEMENT SIZE	RATE	NUMBER OF ADS	TOTAL DUE
Full Page	\$750 (Includes a banner during convention)		
One half (1/2) Page	\$375		
One quarter (1/4) Page	\$187.50		
Business Card Size (2" x 3.5")	\$25		
<b>GRAND TOTAL</b>			

Camera ready art is preferred.

For those wishing to assist with the convention with financial support but do not wish to purchase ad space, other

donations are welcome and donors will be listed in the book without specifically indicating a donation amount.

**MAKE CHECKS PAYABLE TO: FFAM CONVENTION 2017**

**PAYMENT AND AD COPY DUE BY: MARCH 17, 2017**

**SEND ADVERTISEMENT AND PAYMENT TO:**

2017 Convention Registration  
P.O. Box 1153  
Warrensburg, MO 64093

**IF YOU HAVE ANY QUESTIONS**

**Email: [FFAMCONVENTION2017@GMAIL.COM](mailto:FFAMCONVENTION2017@GMAIL.COM)**

## 2017 FFAM CONVENTION HONOR GUARD REQUEST

By Shelby Phifer, Assistant Director District 5

Great news for the FFAM! The 2017 FFAM convention will be held at the Missouri State Fairgrounds in Sedalia!

The theme is "Mutual Aid at its Best." So, sticking with that theme I am in need of your help. If your department has an honor guard team we would like them to come up for the opening and closing ceremonies with your department flag. If you do not have an honor guard team do not worry we want your department to be represented also.

So if you could send some of your guys and gals dressed in there Class A or B uniforms with a department flag we would love to include them. We want to make this the biggest and best opening

ceremony yet! So please save the dates for the 2017 FFAM convention on April 21-23 and lets make this year something to be apart of!

Please contact Shelby Phifer Assistant Director District 5 by March 20 2017 at 417-239-7670 or by email at [sphifer74@gmail.com](mailto:sphifer74@gmail.com) with your department name and how many people will be in your group.





# Fire Fighters Association of Missouri

ORGANIZED 1954



## AWARDS NOMINATION FORM

Please indicate the award you are submitting a nomination for:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> MERITORIOUS AWARD           | <input type="checkbox"/> AWARD OF VALOR            | <input type="checkbox"/> LIFESAVING AWARD |
| <input type="checkbox"/> FIREFIGHTER OF THE YEAR     | <input type="checkbox"/> CHIEF OFFICER OF THE YEAR |   |
| <input type="checkbox"/> FIRE DEPARTMENT OF THE YEAR | <input type="checkbox"/> YOUTH PROGRAM AWARD       |   |

Nominated Individual(s)/Department: \_\_\_\_\_

Department Affiliation \_\_\_\_\_

Department Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ Department Phone: \_\_\_\_\_

Department Email: \_\_\_\_\_

Person Placing Nomination: \_\_\_\_\_

Department Affiliation \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Does the nominated individual(s)/department plan on attending the annual convention?  Yes  No  Unknown

### Nomination Statement and Supporting Documentation:

Include a nomination statement explaining why the individual(s)/department being nominated meets the specified criteria for the award. Include any other supporting documentation including, but not limited to, news articles, fire reports, witness statements, pictures, videos, power point presentations, etc.

- The nomination form must be included with the nomination statement and all supporting documentation. The nomination form and nomination statement must be typed or legibly written.
- Meritorious Award; Award of Valor; Lifesaving Award: The nomination is for events/incidents that occurred during the previous and/or current year.
- Firefighter of the Year; Chief Officer of the Year; Fire Department of the Year; Youth Program Award: The nomination is for events/incidents that are a cumulative achievement. There is no specific date range restriction
- To be considered for any award, the individual(s)/ department must be a current member of the Fire Fighters Association of Missouri and also a member for the year prior to the nomination.
- A complete set of award guidelines can be found at <http://ffam.org/committees/awards/>
- Award nomination deadline is February 28th

**Mail completed nomination form, nomination statement and supporting documentation to:**

For questions, contact: Chairman Larry Jennings at (660)624-1918 or via email at [ljennings@jcfpd.net](mailto:ljennings@jcfpd.net)

FFAM Awards Committee  
PO Box 1153  
Warrensburg, MO 64093



# *Fire Fighters Association of Missouri*

ORGANIZED 1954



## PHIL SAYER LIFETIME ACHIEVEMENT AWARD NOMINATION FORM

The Phil Sayer Lifetime Achievement Award, sponsored by VFIS, in conjunction with the FFAM, honors an individual whose remarkable achievements in the fire service and in their community exemplify outstanding performance

Nominated Individual: \_\_\_\_\_

Department Affiliation \_\_\_\_\_

Individual's Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Individual's Email: \_\_\_\_\_

Person Placing Nomination: \_\_\_\_\_

Department Affiliation \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Does the nominated individual(s)/department plan on attending the annual convention?  Yes  No  Unknown

### Nomination Statement and Supporting Documentation:

Include a nomination statement explaining why the individual being nominated has attained remarkable achievements in the fire service and in their community.

Include detailed information including, but not limited to:

- Fire service history
- Department affiliation
- Dates joined
- Positions held
- Other pertinent department information
- Family information (spouse, children, etc.)
- Other service to the community, local government, state government or past honors and awards received.

**Mail completed nomination form, nomination statement and supporting documentation to:**

FFAM Awards Committee  
PO Box 1153  
Warrensburg, MO 64093

Include detailed information regarding the nominee's accomplishments and any other information that would be relevant to this award.

- The nomination form will need to be included with the nomination statement and all supporting documentation. The nomination form and nomination statement must be typed or legibly written.
- To be considered for the award, the individual must be a current member of the Fire Fighters Association of Missouri and also a member for the year prior to the nomination.
- A complete set of award guidelines can be found at <http://ffam.org/committees/awards/>
- Award Nomination deadline is February 28th

**For questions, contact: Chairman Larry Jennings at (660)624-1918 or via email at [ljennings@jcfpd.net](mailto:ljennings@jcfpd.net)**

\*The awards committee for this award shall be comprised of the FFAM Awards Committee members, two representatives from VFIS, an individual representing the Sayer family and an individual representing the Missouri Division of Fire Safety.



# DIRECTOR'S COMMENTS

David Hedrick  
Director

## University of Missouri Extension Fire and Rescue Training Institute



The University of Missouri Fire and Rescue Training Institute (MU FRTI) faculty and staff continue to schedule training opportunities throughout the state. I encourage you to contact your MU FRTI Regional Training Coordinator or our office to see how we can assist you in meeting your department's training needs.

I recently had the opportunity to attend the Public Safety Heroes Tribute Weekend held in Lake Ozark, MO. This event was conducted by the EMS Funeral Assistance Team and the Supporting Heroes Organization. The tribute honored fire, EMS, and law enforcement personnel who had passed in the line of duty. It was a beautiful and moving event. The tribute included the observance of many of the traditions associated with fire service Line of Duty Deaths, similar to those performed at the annual Fire Firefighters Memorial Service in May each year in Kingdom City. This led me to reflect about the historic traditions that are enshrined in the fire service.

As readers of this column probably know, I am a staunch advocate for the intrinsic value and preservation of our fire service history. The United States fire service, as a para militaristic type profession, has developed many practices and traditions over the past 280 years dating back to Benjamin Franklin, the father of the American Fire Service who started the Union Fire Company in Boston in 1736. While I am certainly not a proponent of "the old way is the right way" mindset, I most definitely believe members of the fire service who paved the way before us had or have invaluable battle-proven knowledge to pass on to future generations of firefighters. While we must be progressive in our mentality

and approach to our profession, we must never lose sight of the historical foundation that has established the fire service as a true profession through the years.

I came across an article recently that illustrates that our newer generations, including new firefighters are interested in learning the why of what we do and who we are. Matt Arnerich, with Thought LEADERS, LLC, wrote that millennials growing up in the information age are an inquisitive group that like to see the whole picture. If they are given basic tasks without some background or explanation, they become unmotivated as workers. Though the emergency nature of the fire ground is not the time to explain details, spending time in training and daily station duties to explain fire service practices and some of the traditions help to give millennials the understanding of how each job, task, and activity relates to the overall safety and successful outcomes in fulfilling the continuing historic mission of the fire service, saving lives and property. So I encourage you to take some time to share your fire service experience and continue demonstrating the proud traditions of the fire service to our new firefighters. They are the next generation that will carry out and sustain the mission long after we are gone.

The MUFRTI *Annual Missouri Emergency Services Instructor Conference* is being held at a new location, Camden on the Lake Resort in Lake Ozarks, MO. Registrations are up this year and we look forward to a great conference. Because of the early November dates this year for the conference, I will be reporting on the activities and our annual *Instructor of the Year Awards* in the next edition of the *FFAM Newsletter*.

Coming this winter is the *36th Annual Winter Fire School (WFS)* along with the Fire Equipment Expo. The event is scheduled for February 3-5, 2017, in Columbia, MO. Conference information and a listing of courses are both available on MU FRTI's website. WFS is the largest single fire service training event in the state. The MU FRTI fire school staff has developed another great line-up of classes this year. I encourage you to register early to reserve your spot for this exceptional training event.

The *15th Annual Fire Service Leadership Enhancement Program* schedule has been set for 2017. The program has three sessions held during January through March. The first session begins January 25-26, 2017. This program is jointly offered by the Institute and the Harry S. Truman School of Public Affairs, and provides executive leadership training for current and future fire chiefs. Enrollments are limited for this unique program so those who are interested should register early. Additional information can be found about these and other training opportunities on the Institute's website at [www.mufrti.org](http://www.mufrti.org).

The Federal Emergency Management Agency under the U.S. Department of Homeland Security, opened the application period for the Assistance to Firefighters Grant (AFG) Program for 2016. The deadline for fire departments to apply for these grants is November 18, 2016. Please check the AFG website at [www.fema.gov/assistance-firefighters-grant](http://www.fema.gov/assistance-firefighters-grant) for further information on how to apply. These grants have provided a significant opportunity for fire departments to improve or increase their emergency response capabilities through the funding of critical equipment. We



DATE	COURSE	LOCATION	CONTACT	PHONE
11/18	Simulated Incident Management for First Arriving Office	Gladstone	Sean Daughtery	(816) 423-4080
11/19	Vehicle Fire Fighting	Glasgow	Jayce Oldendorf	(573) 529-3007
11/28	Vehicle Rescue: Technician	Old Monroe,	Chris Blevins	636-866-8020
12/01	Firefighter riendly Thermal Imaging	Belton	John Sapp	(816) 265-6169
12/02	School Bus Rescue	Thayer	Mark Arnold	(417) 280-7055
12/02	Structural Fire Fighting Techniques	Malden,	Charles Cooper	(573) 276-8950
12/03	Vehicle Rescue: Technician	Bethany	Jacob Denum	(660) 425-7912
12/03	Vehicle Fire Fighting	Huntsville	Tony Bell	(660) 651-6592
12/03	Vehicle Rescue: Technician	Charleston	Danny Harris	573-683-1782
12/06	Strategies of Leadership: Retaining Emergency Service Volunteers	West Plains	Sam Gunter	(417) 257-8678
12/07	Vehicle Fire Fighting	Kennett	John Mallott	573-888-7818
12/09	Simulated Incident Management for First Arriving Office	Chillicothe	Darrell Wright	(660) 646-2139
12/10	Simulated Incident Management for First Arriving Office	Maryville	Phil Rickabaugh	(660) 562-3209
12/10	Vehicle Rescue: Technician	Osborn	Brian Stone	(816) 244-9409
12/10	Electric Vehicle Safety for First Responders	Diamond	Gordan Skogsberg	(417) 438-6039
12/10	Vehicle Fire Fighting	Doolittle	Adam Birdsong	(573) 578-0244
12/10	Strategies of Leadership: Retaining Emergency Service Volunteers	Lebanon	Jeff Stokes	(417) 664-1225
12/10	Strategies of Leadership: Recruiting Emergency Service Volunteers	Fredericktown	Bill Starkey	(573) 783-9658
12/10	Lost Person Search and Rescue	Columbia	MUFRTI	660-233-3389
12/16	Vehicle Fire Fighting	Dexter	Don Seymore	573-820-0019
01/09	Firefighter riendly Thermal Imaging	Jefferson City	Jerry Blomberg	(573) 634-6403
01/13	Vehicle Rescue: Technician	Ellington	Randall Martin	(573) 604-1346
01/14	Responding to Utility Emergencies	Goodman	Keith Estes	(417) 489-1408
01/14	Strategies of Leadership: Retaining Emergency Service Volunteers	Dexter	Don Seymore	(573) 820-0019
01/14	Rail Safety for Emergency Responders	St. James	Bruce Parton	(573) 265-5112
01/14	Vehicle Fire Fighting	Houston	Joey Moore	(417) 217-0230

hope that each department in the state will take advantage of the opportunity to apply for a grant, and we wish each of you good luck in this year’s grant process.

As the holiday season approaches, I wish all of you safe and joyous holidays. Again, thank you for your continued support of the University of Missouri’s Fire & Rescue Training Institute. The MU FRTI staff and I look forward to continuing to provide quality fire and emergency service training programs to Missouri’s emergency

responders. If the MU FRTI staff or I can be of assistance, please feel free to contact us at (800) 869-3476 or (573) 882-4735. For more information regarding the Institute, go to our website at <http://www.mufrti.org/>.

David E. Hedrick  
 Director  
 Fire and Rescue Training Institute  
 University of Missouri Extension



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